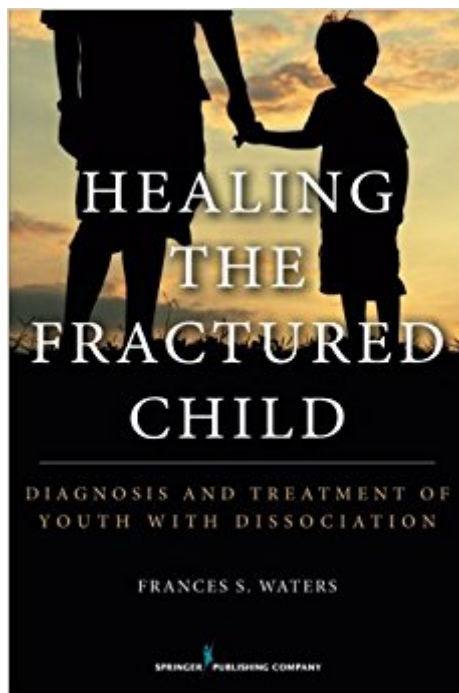




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# **Healing The Fractured Child: Diagnosis And Treatment Of Youth With Dissociation**



## Synopsis

Written by one of the nation's leading practitioners in the field of childhood trauma, abuse, and dissociation, this comprehensive resource fills a void in the literature to provide in-depth knowledge of current interventions for treating dissociation in youth. It describes a detailed, careful assessment process and creative, evidence-supported techniques for helping children and their families to heal from chaotic, traumatizing experiences. With both a theoretical and practical focus, the book offers proven strategies for successfully treating children and adolescents with varying degrees of dissociation and comorbid symptoms. It also integrates adjunct therapies in environments beyond those of traditional psychotherapy, such as school, and describes how their strategies can be used effectively to augment therapy and understand dissociative children. Based on a model integrating five prominent therapeutic modalities, and underscoring the importance of attachment style, the book focuses on the neurobiology of trauma, a high comorbidity of symptoms, specialized clinical interventions, psychopharmacology, and family intervention techniques. Also addressed are adjunct therapies in art and EMDR. In addition, the book provides a window into the effects of traumatic events such as medical illness that may be overlooked, and safe techniques with dissociative youth who are exhibiting dangerous behaviors. Rich clinical examples demonstrate the various phases of treatment and offer a window into the internal world of dissociative children.

**Key Features:** Integrates psychotherapy with EMDR, art therapy, neurobiology, and psychopharmacology  
Distills current research on neurobiology of trauma and how to intervene with specially designed treatment strategies  
Provides in-depth knowledge of the latest creative interventions for treatment of childhood dissociation and comorbid symptoms  
Sensitizes the therapist to often overlooked traumatic events, such as medical illness, that can exacerbate symptoms

## Book Information

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## Customer Reviews

Frances S. Waters, DCSW, LMSW, LMFT, a clinical social worker and a licensed marriage and family therapist in private practice in Marquette, Michigan, is an internationally recognized educator, trainer, consultant, and clinician in the areas of childhood trauma, abuse, and dissociation. She was the past president of the International Society for the Study of Trauma and Dissociation (ISSTD), and she is currently the faculty director of the Child and Adolescent Psychotherapy Training Institute and the cochair of the ISSTD's Child and Adolescent Committee. She has authored numerous articles and chapters and serves on the editorial board of the Journal of Child and Adolescent Trauma, as well as on the advisory board of the Leadership Council on Child Abuse and Interpersonal Violence. Fran Waters is an executive producer and a participant of several training videos on childhood trauma, abuse, and dissociation targeted toward mental health professionals, caretakers, teachers, child protective services workers, forensic evaluators, and prosecutors. She received the 2008 Media Award from the American Professional Society on Abuse of Children for her production of "Trauma and Dissociation in Children," which was geared toward forensic evaluators and prosecutors. She is the recipient of ISSTD's Presidential Award and is a fellow of the ISSTD.

This book is so well written and I love the sequencing of information. The author takes you from background to providing treatment with valuable case illustrations to cement concepts in your mind. So much information about dissociation that I did not know about!

This book is a paradigm shift on trauma and is crucial for any professional or parent dealing with trauma. On a side note the kindle book is missing pages and pictures

Professionally written and highly informational.

Very well written and informative.

This is a must-read book and one to have on hand for clinical practice. I appreciate the integration of

theory and research as well as the case studies and examples written throughout the book. This is also a great resource for adoptive parents, like myself, to understand and help children with trauma, especially those with severe maternal deprivation and raised in an orphanage . I've used some of the art therapy ideas to help my child find his voice and communicate his feelings.

Healing the Fractured Child, by Fran S. Waters, is one of the most comprehensive books on assessment, treatment, and supporting parents/teachers, throughout the therapeutic process that I have read. It is difficult to put the book down. Generally, I read a portion of the book during my lunch break, and apply what I have learned in sessions that afternoon! Healing the Fractured Child has expanded my clinical skills, immensely, and continues to fuel my passion for working with children and adolescents, who have Dissociative Disorders. I started a parent support group and highly recommend Healing the Fractured Child to parents. I am extremely grateful for Fran's extensive clinical expertise and her ability to make the interventions so applicable through her creative authorship, which includes case studies. Thank you, Fran!

Michele M. Yarberry, LPC, NCC

I just finished taking a course on child trauma and dissociation with Fran Waters (and others) through the ISSTD. It was one of the best courses that I have taken, taught at a doctoral level of professionalism. Her knowledge of this specialty is deep and long. Classmates who bought this book already have been raving about it and are finding it absorbing reading. I am buying it now based on interacting with her and experiencing her as a compassionate and consummate expert.

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